

## The challenge

### ***'My prayers are fine'***

Maybe there are ways to enrich and deepen your prayer?

### ***'I'm so busy, I haven't got time, I can't fit it in'***

Can ways of praying be discovered that would better suit a hectic life-style?

### ***'I don't want to be out of my comfort zone'***

How can you take the first steps of getting closer to God, to really experience the fruits of prayer?

### ***'I don't want to speak about my personal relationship with God to a stranger'***

You only reveal what you want to reveal in a totally confidential setting. Why not use this this rare opportunity to explore and deepen your life of faith?



## What is 'a week of guided prayer'?

It is a week when you can spend a little time every day developing your prayer life with guidance from a 'Prayer Guide'.

The Prayer Guides are trained, wise, spiritual and friendly.

The aim is to help people, no matter what stage of prayer or faith they are at, to **enrich and deepen their spirituality**, so that those moments of experiencing God's love and receiving insights into faith & life can become richer and deeper.

**For beginners** the Prayer Guides can help you establish a regular pattern for prayer; for those who already have an established way of praying then the Prayer Guides can suggest ways that can **help to enrich and deepen your life of prayer**, for those who feel stuck or whose prayer feels dry, they can help you to explore ways in which you may overcome difficulties and move forward.



## Week of Guided Prayer

Sunday 17th June  
to Saturday 23rd June 2018

## A retreat in daily life



## Do you want to deepen your spiritual life?

**Organised by Walton Churches Partnership**  
All Saints: MK Village  
St Mary's: Wavendon  
Christ the King: Kents Hill  
Church Without Walls: Broughton & Brooklands

## Who is it for?

Anyone, but particularly aimed at those who are part of the Walton Churches Partnership (St Mary's, All Saints, CTK Catholic and Community Church congregations and Church without Walls) Places are limited.

## What is expected?

You will need to try and set aside **half an hour each day for private prayer** (Monday to Friday). There will be a list of places that will be open during the week if you find it helpful to pray in a particular place (St Lawrence, All Saints, St Mary's, St Michael's Priory).

You will also need to **meet your Prayer Guide for around half an hour each day**. This will be a set time to suit you and will be at St Michael's Priory (*formally 'The Well at Willen'*).



## How do I take part?

Begin by filling in the attached form and returning it to a member of the clergy team (Ruth, Yvonne & Matt).

The week starts with the opening session from **4-5pm on Sunday 17<sup>th</sup> June at St Michael's**. At this session you will meet the other people taking part, have a chance to find out more about the week and meet your Prayer Guide.

There will also be a final closing session on **Saturday 23rd June from 10-11am** at St Michael's Priory. This is not crucial but is a helpful end to the week.

## How much?

A donation of £15 to help with costs **BUT** we do not want anyone to not attend because of financial considerations. Please speak in confidence to a member of the clergy team (or contact Ruth or Yvonne directly) if you require a bursary.

**Please return forms and donation ASAP** to a member of the clergy or to Sarah Lunnon (Church without Walls) WGP administrator.

4 Aylesford Grove, Monkston, MK10 9JE  
Email: [lunnonsarah@gmail.com](mailto:lunnonsarah@gmail.com)

## Booking Form

Name.....

Address.....

.....

.....

Telephone.....

Email:.....

Church you usually go to.....

Please indicate if there are particular time of day that you need to meet (i.e. if you are working you will need to meet in the evening). In order to accommodate everyone it is helpful if you can be as flexible as possible.

**The Morning:**

**The Afternoon:**

**The Evening:**

Please let us know if you would prefer a male or female Prayer Guide or if you don't mind:

**Male Prayer Guide:**

**Female Prayer Guide:**

**Either:**

Did you participate last year in the WGP? **YES / NO**  
(Priority will be given to new comers)

Do you have any special requirements that is would be helpful to know about?

Please enclose a donation to help with costs. Return the form ASAP to Sarah Lunnon or one of the clergy.