

The challenge

'My prayers are fine'

Maybe there are ways to enrich and deepen your prayer?

***'I'm so busy, I haven't got time,
I can't fit it in'***

Can ways of praying be discovered that would better suit a hectic life-style?

'I don't want to be out of my comfort zone'

How can you take the first steps of getting closer to God, to really experience the fruits of prayer?

'I don't want to speak about my personal relationship with God to a stranger'

You only reveal what you want to reveal in a totally confidential setting. Why not use this rare opportunity to explore and deepen your life of faith?



What is 'a week of guided prayer'?

It is a week when you can spend a little time every day developing your prayer life with guidance from a 'Prayer Guide'.

The Prayer Guides are trained, wise, spiritual and friendly.

The aim is to help people, no matter what stage of prayer or faith they are at, to **enrich and deepen their spirituality**, so that those moments of experiencing God's love and receiving insights into faith & life can become richer and deeper.

For beginners the Prayer Guides can help you establish a regular pattern for prayer; for those who already have an established way of praying then the Prayer Guides can suggest ways that can **help to enrich and deepen your life of prayer**, for those who feel stuck or whose prayer feels dry, they can help you to explore ways in which you may overcome difficulties and move forward.



Week of Guided Prayer

Sunday 14th June
to Saturday 19th June 2020

A retreat in daily life



Do you want to deepen your spiritual life?

Organised by Walton Churches Partnership
All Saints: MK Village
St Mary's: Wavendon
Christ the King: Kents Hill
Church Without Walls: Broughton & Brooklands

Who is it for?

Anyone, but particularly aimed at those who are part of the Walton Churches Partnership. Places are limited.

What is expected?

You will need to try and set aside **half an hour each day for private prayer** (Monday to Friday).

You will also need to **meet your Prayer Guide for around half an hour each day**. This will be a set time to suit you and your Guide.

How will we meet with COVID restrictions?

Most people will meet **online**, you will simply need any phone, computer or iPad. If necessary it will be possible for a few people to meet one to one in the **front garden at Broughton Rectory** with social distancing and good weather.



How do I take part?

Begin by filling in the attached form and returning it to a member of the clergy team or email Ruth Maxey directly (mkcommunityministry@gmail.com)

The week starts with the opening session from **4-pm on Sunday 14th June**. This session will be online. At this session you will meet the other people taking part, have a chance to find out more about the week and meet your Prayer Guide.

There will also be a final closing session on **Saturday 19th June from 10-10.30am** also online This is not crucial but is a helpful end to the week.

How much?

A donation of £5 to help with costs **BUT** we do not want anyone to not attend because of financial considerations. Please speak in confidence to a member of the clergy team (or contact Ruth directly) if you require a bursary.

Please return forms and donation ASAP to a member of the clergy .

Booking Form

Name.....

Address.....

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Telephone.....

Email:.....

Church you usually go to.....

Please indicate if there are particular time of day that you need to meet (i.e. if you are working you will need to meet in the evening). In order to accommodate everyone it is helpful if you can be as flexible as possible.

The Morning:

The Afternoon:

The Evening:

Please let us know how you would prefer to connect (number 1-6 and score out those you cannot use.)

Zoom

WhatsApp Video

Skype

Facetime

Telephone

Outside

Have you participated in the WGP before? **YES / NO**
(Priority will be given to new comers)

Please enclose a donation to help with costs. Return the form ASAP to one of the clergy.